

# MARCH NEWS

## BODY THERAPEUTICS

March 7, 2009  
Volume 1, Issue 1

### Inside this issue:

Upcoming  
Classes

New Products

Information re.  
new Herbal  
Remedies

New Stone  
Info

Thought for the  
month

### Special points of interest:

- Check out B-5, known as Pantothenic Acid
- Read up on Ruby Dream, new stone for the expanded heart
- Wanting to cleanse your food? Try '07

pH Balance?  
BioActivator

## UPCOMING EVENTS

March brings us with 3 new classes from which to choose.

**Breath of Life Class**  
Monday/Thursdays  
5:30 -6:30 p.m.

This class is a low-impact, non-invasive set of exercises which bring about improved health, relief from stress, general mental clarity, improved memory. Dare to discover increased stamina, become more in tune with your body, and all for only \$30.00 per month.

Sign up now by contacting Carol at

Call: 266-8587 or 1-785-317-0448  
E~mail: [carol@thebodytherapeutics.com](mailto:carol@thebodytherapeutics.com)  
Web: [www.thebodytherapeutics.com](http://www.thebodytherapeutics.com)

10% Off to Those  
Who Mention This  
Newsletter

## INTUITIVE DEVELOPMENT COURSE STARTING SOON !!!!!

This 8-week course educates, entertains, and shows you how to access your own Mastership. How you can control your destiny, bring in your abundance, improve relationships, and control your own health.

Cost: \$250.00 For 8-week Course  
Date: Mondays 6:45-9:00 p.m.  
Location: 3320 SW Harrison, Topeka, Suite 9  
Contact: Carol Ann Brown, Owner, Body Therapeutics  
1-785-317-0448 or 266-8587 e-mail: [carol@thebodytherapeutics.com](mailto:carol@thebodytherapeutics.com)

## The Story Inside Body Therapeutics

Body Therapeutics show others the birthed at a time when my own healing occurred. It started the desire to help others attain their health, strengthen their will and to

show others the option of choosing to live a joyful, healthy and abundant life.

What services are offered? Intuitive Readings,

Massage, Reiki, Spectrum Healing, CranioSacral work Acupressure, Auriculotherapy, Use of Egyptian oils and stones as well as essential oils with most treatments.

## Order your personalized "scent" now !!!!!

How would you feel if you could have a scent all your own and have it pure, non-chemically based? Well, it's here. Just order, give as a gift or use for

someone's birthday. Benefit ? No one else will have the same scent. Other products?

### NEW PRODUCTS

Uplifting Room Spray  
\$8.50 per 8 ounce  
All organic ingredients.

Uplifting Bath Salts  
All organic and very beneficial to tired muscles and those sore feet. Pamper yourself.  
\$1.50 per ounce.

*Allow self-love to permeate your very soul, your body, your mind, that you create a deep peace within. Carol*

## Opening the Heart Evening : March 13<sup>th</sup> and it's Friday !!!

Friday, the 13<sup>th</sup> come to 3320 SW Harrison and join the "Opening the Heart" Evening.  
7:00 P.M. – 9:00 P.M.

Cost: \$25.00 / Single  
\$40.00 / Couple

Wear comfortable clothing, water and snack available.

### Inside Story Headline

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases,

market studies and reports.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a

successful newsletter is making it useful to your readers.

A great way to add useful content to this newsletter is to develop and write your own

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### Special Interest Story Headline

You can also research articles or find “filler” articles by accessing the World Wide Web.

You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Word

Company Name  
Street Address  
Address 2  
City, ST ZIP Code

E-mail address

Web site address

This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.

**Your business tag line here.**

YOUR LOGO  
HERE

### Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to

quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your

organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.